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(71) Applicant: COMEDICUS INCORPORATED [US/US]; Suite 610, 3989 Central Avenue, N.B., Columbia Heights, MN 55421 (US).

(72) Inventor: GRABEK, James, R.; 3050 Jamestown Road, Long Lake, MN 55356 (US).

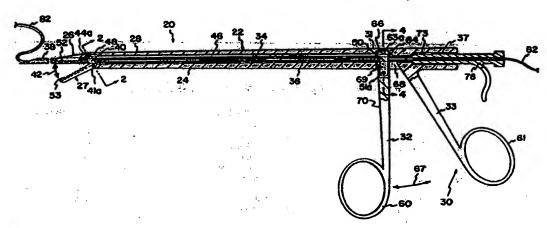
(74) Agent: BRUESS, Steven, C.; Merchant, Gould, Smith, Edell, Welter & Schmidt, P.A., 3100 Norwest Center, 90 South Seventh Street, Minneapolis, MN 55402-4131 (US). (81) Designated States: AL, AM, AT, AT (Utility model), AU, AZ, BA, BB, BG, BR, BY, CA, CH, CN, CU, CZ, CZ (Utility model), DE, DE (Utility model), DK, DK (Utility model), EE, EE (Utility model), ES, FI, FI (Utility model), GB, GE, GH, HU, ID, IL, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MD, MG, MK, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SK (Utility model), SL, TJ, TM, TR, TT, UA, UG, UZ, VN, YU, ZW, ARIPO patent (GH, KE, LS, MW, SD, SZ, UG, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE), OAPI patent (BP, BJ, CF, CG, CI, CM, GA, GN, ML, MR, NE, SN, TD, TG).

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(54) Title: APPARATUS AND METHOD FOR ACCESSING THE PERICARDIAL SPACE



(57) Abstract

There is provided an apparatus and a method of using the apparatus for creating a bleb of tissue of the pericardium of the heart, for accessing the pericardial space, intermediate the pericardium and the heart, and withdrawing fluid therefrom or delivering fluid, including drugs, therapeutic agents, or the like, thereto. The apparatus of the present invention includes a shaft with a first distal end and a second proximal end. A bore extends through the shaft from the distal end to the proximal end. The first end includes jaws, that open and close, as at least one of the jaws is movable. The second end includes a handle, at least a portion of the handle in communication with a mechanism in communication with the movable jaw, such that upon movement of at least a portion of the handle, the jaws can be opened and closed continuously. A needle, for puncturing the bleb of tissue grasped within the jaws, is movably mounted within the bore and is in communication with a mechanism for limiting its travel with respect to the bore.

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APPARATUS AND METHOD FOR ACCESSING THE PERICARDIAL SPACE

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associated coronary vessels by providing access to the pericardial space between the heart and the pericardium (pericardial sac), without injuring the heart and associated coronary vessels. In particular, the present invention is directed to a device and method for safely accessing the pericardial space and directly infusing fluids including drugs therein or removing fluid(s) directly therefrom.

BACKGROUND OF THE INVENTION

Knowledge of the pericardium (pericardial sac) dates back to the time of Galen (129-200 A.D.) the Greek physician and anatomist who created the term 15 "pericardium." The pericardium (pericardial sac) is a conical membranous sac in which the heart and the commencement of the great vessels are contained. 'Gray's Anatomy (1977;ed.) pp. 457-460. The pericardium is fluid-filled and functions to prevent dilation of the chambers of the heart, lubricates the surfaces of the heart, and maintains the heart in a fixed geometric position. It also provides a barrier to the 20 spread of infection from adjacent structures in the chest cavity and prevents surrounding tissue(s) from adhering to the heart. The space between the pericardium and the heart, known as the pericardial space, is normally small in volume and includes the fluid therein. It has been reported by others that when fluid is injected into the pericardial space it accumulates in the atrioventricular and interventricular 25 grooves, but not over the ventricular surfaces. See, Shabetai R. "Pericardial and Cardiac Pressure", in Circulation, 77:1 (1988).

Pericardiocentesis, or puncture of the pericardium, heretofore has been performed for; 1) diagnosis of pericardial disease(s) by study of the pericardial fluid; 2) withdrawal of pericardial fluid for the treatment of acute cardiac tamponade; and 3) infusion of the apeutic agents for the treatment of malignant effusion or tumors. During 1994, it was estimated that approximately 12,000 pericardiocentesis procedures were performed in the United States and that less than 200 of these patients underwent therapy with the intrapericardial injection of drugs. At present, intrapericardial injection of drugs is clinically limited to the treatment of abnormal pericardial conditions and diseases, such as malignant or loculated pericardial effusions and tumors. Drugs that have been injected into the pericardial space include antibiotic (sclerosing) agents, such as tetracycline; bleomycin and streptokinase.

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space. In addition, the method involved the bolus injection of drugs rather than long-term delivery via a catheter or controlled release material.

Another method for intrapericardial injection of agents is performed by a device, available under the name PerDUCERTM pericardial access device, available from Comedicus Incorporated, 3839 Central Avenue, NE, Columbia Heights, Minnesota 55421. This device creates a lifted section of the pericardium, known as a "bleb" through suction. Specifically, the bleb is secured in an instrument end by suction, and the tissue forming the bleb in this end takes the shape of the instrument end. The bleb is then punctured by a needle of limited travel, and a guidewire is inserted into the bleb. A fluid infusion catheter is then moved over the guidewire, for example, to aspirate fluids from or deliver therapeutic drugs to the pericardium, pericardial space or heart muscle, via the bleb.

SUMMARY OF THE INVENTION

The present invention provides an alternate method of manually creating a controlled bleb. The present invention allows for safe access to the pericardial space without injury to the heart, in order to aspirate fluids directly from or to directly deliver fluids, i.e., therapeutic drugs, to the heart muscle. With such safe access to the heart, complications from contacting the heart muscle are greatly reduced and nearly eliminated. Additionally, by directly delivering drugs to the heart muscle via the pericardium (pericardial sac), side affects associated with drug delivery by conventional administration methods, i.e., oral or injection, can be reduced, such that lesser dosages are needed to achieve the desired effect of a specific drug. Moreover, this direct method of drug delivery allows for a wider range of drugs to be used.

The apparatus of the present invention includes a shaft with a first distal end and a second proximal end. A bore extends through the shaft from the distal end to the proximal end. The first end includes jaws, that open and close, as at least one of the jaws is movable. The second end includes a handle, at least a portion of the handle in communication with a mechanism in communication with the movable jaw, such that upon movement of at least a portion of the handle, the jaws can be opened and closed at will and to any desired degree. A needle, for puncturing tissue (e.g., a bleb of pericardium tissue), grasped within the jaws, is movably mounted within the bore and is in communication with a mechanism for limiting its travel with respect to the bore.

The present invention additionally includes a method for mechanically creating a bleb of pericardium tissue, with the apparatus of the present

48, cut into the body 22 of the shaft 24: The rod 46 terminates in a flange 50, piviotally mounted to the movable arm 32 at by a pin 51 at a pivot point 51a. Movement from the movable arm 32 moves the rod 46 (forward, toward the first end 28 of the shaft 24, or backward, toward the second end 34 of the shaft 24) within the bore 34, to ultimately move the jaws 26, 27 between the closed and open positions (in the direction of the arrow 42), to the degree desired by the operator.

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The jaws 26, 27 include cooperatingly arranged, preferably correspondingly configured, teeth 52, 53, in order to assist the jaws 26, 27, when brought together, to sufficiently grasp and retain tissue (i.e., the tissue of the pericardium, also known as the pericardial sac, forming the bleb). The teeth 52, 53 are preferably of a uniform pitch (as shown in the drawing figures) for the entire length of their respective jaws 26, 27, but could be of different pitches provided they remain cooperatingly arranged on each jaw 26, 27 and that the jaws 26, 27 remain able to close completely (FIG. 3). The jaws 26, 27 also include grooves 54, 55; for assisting in the gripping and traction on the tissue of the bleb without damaging it, as well as accommodating the needle and other related instrumentation, as discussed below. Additionally, it is preferred that the jaws 26, 27 be shaped such that upon incomplete closure (e.g., during the grasping and retaining of tissue) or complete closure (e.g., when the apparatus 20 is being moved into the body), there is a cavity 58 between them, for receiving tissue of the pericardium.

While two jaws 26, 27 are preferred, arrangements of more than two jaws are also permissible, provided their arrangement allows for sufficient grip and manipulation of tissue.

At the handle 30, the second end 32 of the shaft 24, is formed of the movable 32 and fixed 33 arms. The fixed arm 33 extends from the body 22 at an angle (approximately 60 degrees). Both arms 32, 33 terminate in loops 60, 61, to accommodate the fingers of an operator. While loops 60, 61 are preferred, other equivalent structures, such as crescent-shaped members or the like are also permissible.

The movable arm 32 is piviotally mounted to the body 22 of the shaft 24 by a pin 63 or the like at a point 63a, within a slot 64 cut into the body 22. It is preferred that the terminal edge 66 of this movable arm be rounded, so as to allow for movement (toward the distal 28 and proximal ends 32 of the shaft 24) of the movable arm 32 in the direction of the arrow 67, as the movable arm 32 is free to travel within a space 68 in the body 22 of the shaft. Travel of the movable arm 32 is confined to this space 68, by the abuttment of the surface 69 of the body 22 and the surface of the movable arm 70, and the fixed arm 33. It is also preferred that the flange 50 be on one side of the bore 36, while the portion of the movable arm 32

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moved (slid) through the needle 38 or the bore 34 (if the needle 38 has been removed), in order to, for example, aspirate fluid from the pericardial sac 101 (FIGs. 6A-6E) or deliver fluid, such as therapeutic drugs, to the pericardial sac 101.

Turning now to FIGs. 6A-6E, there is shown the apparatus 20 of the present invention in use for accessing the pericardium 100, and entering the pericardial space 101 surrounding the heart 102. Initially, a subsciphoid incision is made in the chest cavity of a patient. A standard mediastinscopy endoscope is inserted into this incision for direct vision and the apparatus 20 of the present invention is inserted through the endoscope. Once at a point proximate the tissue of the pericardium 100, such that the jaws 26, 27 apply a gentle pressure to the pericardium 100, as shown in FIG. 6A.

In FIG. 6B, the operator advances the movable arm 32 (FIG. 1) of the apparatus 20 toward the first or distal end 28 (FIG. 1) of the shaft 24 (FIG. 1), moving the jaw 27, and thus, opening the jaws 26, 27. Pericardium 100 tissue, as a result of back pressure exerted thereon, by the fluid in the pericardial space 101, now fills the cavity 58 (FIG. 1) between the jaws 26, 27 and the teeth 52, 53 (FIGs. 1, 3 and 5) of the jaws 26, 27 exert sufficient traction on the pericardium 100 tissue, such that upon incompletely closing of the jaws 26, 27 (as the operator moves the movable arm 32 back toward the second or proximal end 31 of the shaft 24, bringing the movable jaw 27 toward the other jaw 26), the pericardium 100 tissue is in the cavity 58, whereby a bleb 104 of pericardium 100 tissue has been created.

With the bleb 104 now established, in an optional step, the operator can move the apparatus 20 holding the bleb 104, in a direction away from the heart 102, to increase the size of the bleb 104. The operator activates the needle trigger 78, advancing the needle 38 toward the distal end 28 of the shaft 24 into the bleb 104, by puncturing the pericardium 100 tissue. This puncture is such that the needle 38 has safely entered the pericardial space 101 within the bleb 104 safely, without puncturing the heart 102. Upon puncture, the guidewire 82 is advanced through the needle 38 into the pericardial space 101 (FIG. 6C).

With the guidewire 82 now advanced into the pericardial space 101, a fluid retrieving or delivering catheter 108 can now be advanced over the guidewire 82 (in the direction of the arrow 110), as shown in FIG. 6D. Advancement of the catheter 108 (in the direction of arrow 110) continues simultaneous with withdrawal of the guidewire 82 (in the direction of arrow 111) until the catheter 108 is properly positioned within the pericardial space 101, as shown in FIG. 6E. This catheter 108 allows for fluid aspiration directly from or fluid (e.g., drugs, therapeutic agents or the like) delivery directly into the pericardial space 101. In the case of fluid

What is claimed is:

1. An access apparatus comprising:

a shaft-having a first end and a second end and a bore extending therethrough;

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at least two jaws at the first end; at least one of said at least two jaws being movable;

means for moving said at least one movable jaw;

a handle at said second end of the shaft, at least a portion of said handle in communication with said jaw moving means, such that said at least two jaws can be opened and closed upon movement of said at least a portion of said handle:

a needle movably mounted within said bore; and means in communication with said needle for limiting the travel of at least a portion of said needle.

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- 2. The apparatus of claim 1, wherein said at least two jaws include a cavity between them.
- 3. The apparatus of claim 1, wherein said at least two jaws include correspondingly configured teeth.
 - 4. The apparatus of claim 3, wherein said teeth are of the same pitch.
 - 5. The apparatus of claim 3, wherein said teeth are of different pitches.

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6. The apparatus of claim 1, wherein said bore includes a first portion proximate said first end and a second portion proximate said second end, said second portion of a greater diameter than the diameter of said first portion, and said needle travel limiting means at least in part within said second portion of said bore.

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- 7. The apparatus of claim 6, wherein said needle travel limiting means includes a spring biasing means.
- 8. The apparatus of claim 1, wherein said at least one of said at least two jaws includes one jaw.

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- 14. The method of claim 12, wherein said step of moving said apparatus at least proximate to the pericardium includes contacting the pericardium with said apparatus.
- 5 15. The method of claim 12 additionally comprising:

 pulling said apparatus a predetermined distance away from the heart.
 - 16. A method for accessing the space between the pericardium and the heart, comprising:
 - a) providing a pericardial access device including at least two jaws movable relative to each other, and means for accommodating instrumentation extending through said access device;
 - b) mechanically grasping a portion of the pericardium between said at least two jaws of said access device;
 - c) mechanically pulling said grasped portion of the pericardium away from the heart to form a bled of pericardium tissue adjacent said jaws;
 - d) inserting a needle through said instrumentation accommodating means into said bleb, and limiting the travel of the needle to prevent laceration of the heart; and
 - e) introducing a guidewire, through the needle into said bleb and into said pericardial space.
 - 17. The method of claim 16, additionally comprising, introducing an instrument through said instrumentation accommodating means in said access device over said guidewire and into the pericardial space.
 - 18. The method of claim 17, wherein said instrument is a catheter.

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19. The method of claim 16, wherein said bleb is formed without suction.

20. An access apparatus comprising:

a shaft having a first end and a second end and a bore extending therethrough;

a needle movably mounted within said bore; and

means for mechanically grasping tissue at the first end;
means for controlling said tissue grasping means;
a handle at said second end of the shaft, at least a portion of said
handle in communication with said controlling means;

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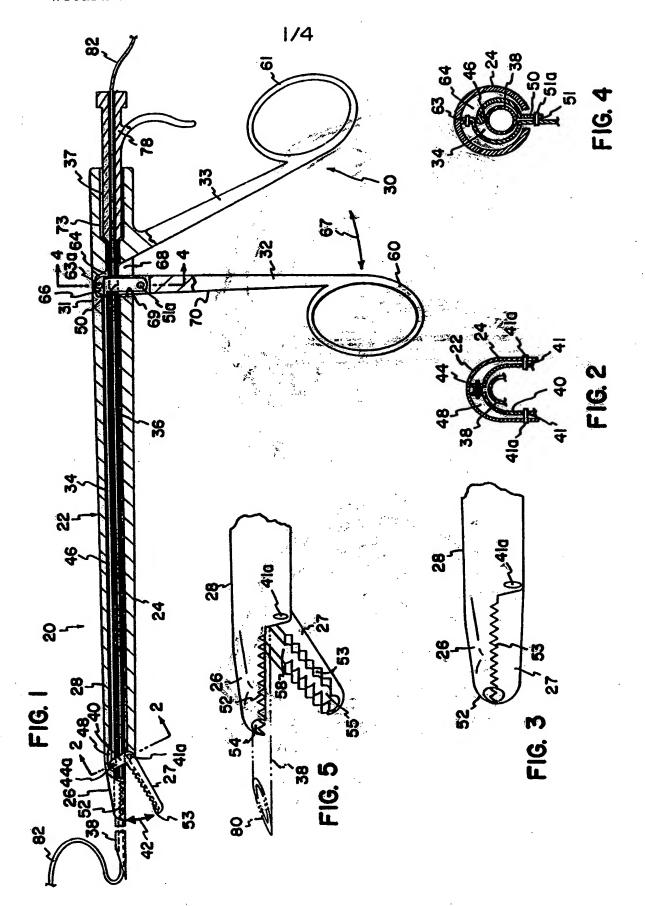
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- 14. The method of claim-12, wherein said step of moving said apparatus at least proximate to the pericardium includes contacting the pericardium with said apparatus.
- 5 15. The method of claim 12 additionally comprising:
 pulling said apparatus a predetermined distance away from the heart.
 - 16. A method for accessing the space between the pericardium and the heart, comprising:
- a) providing a pericardial access device including at least two jaws movable relative to each other, and means for accommodating instrumentation extending through said access device;
 - b) mechanically grasping a portion of the pericardium between said at least two jaws of said access device;
 - c) mechanically pulling said grasped portion of the pericardium away from the heart to form a bled of pericardium tissue adjacent said jaws;
 - d) inserting a needle through said instrumentation accommodating means into said bleb, and limiting the travel of the needle to prevent laceration of the heart; and
 - e) introducing a guidewire, through the needle into said bleb and into said pericardial space.
 - 17. The method of claim 16, additionally comprising, introducing an instrument through said instrumentation accommodating means in said access device over said guidewire and into the pericardial space.
 - 18. The method of claim 17, wherein said instrument is a catheter.
 - 19. The method of claim 16, wherein said bleb is formed without suction.
 - 20. An access apparatus comprising:
 - a shaft having a first end and a second end and a bore extending therethrough;

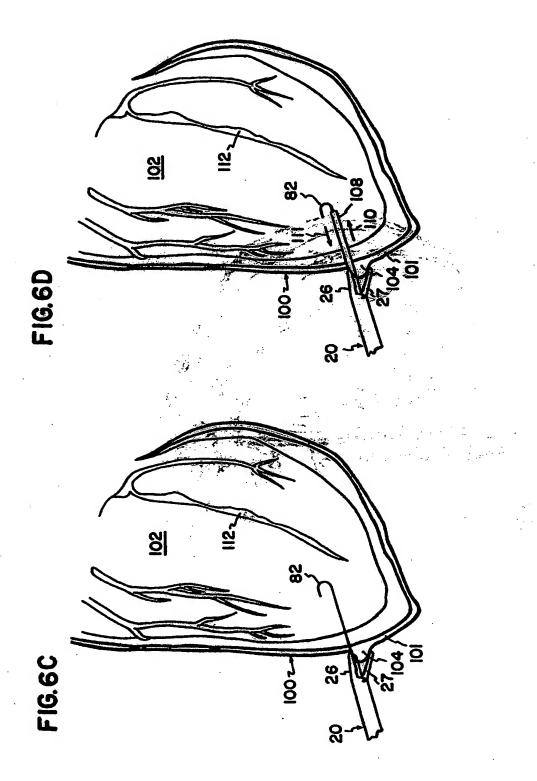
means for mechanically grasping tissue at the first end; means for controlling said tissue grasping means;

a handle at said second end of the shaft, at least a portion of said handle in communication with said controlling means;

a needle movably mounted within said bore; and



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INTERNATIONAL SEARCH REPORT

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X	WO 96 22056 A (YOON) 25 July 1996		1-8,11,			
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X	US 5 496 310 A (EXCONDE) 5 Mar	ch 1996	1,9-11, 20,21			
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